their corporate responsibility policies to life. Venturing by bike, kayak or foot through the natural environment of the Scottish Highlands is the perfect way to better understand the effects people have on the environment and encourage behavioural change.

## Carbon foot-printing training -

A one-day workshop to help businesses to measure carbon

consumption. Delegates will be able to start measuring their company's carbon footprint when they return to work, and have access to an inclusive follow-up support and advisory service if any problems arise.

## Events management -

Using the BEP's expertise of running environmental events and their contacts in the environmental field,

EAE Distribution commit to the green revolution

Leaflet marketing specialist EAE Distribution is committed to all things 'green'. After a move of premises, the company decided to embark on a number of projects to help save money and develop its sustainability agenda.

Managing Director Glen Bennett got in touch with the BEP to undertake an initial audit. This identified that EAE's premises alone contributed 30 tonnes of carbon per annum. The BEP and EAE worked on a number of recommendations to move them towards a carbon neutral position:

- Energy saving: Low-energy lighting and ambient gas warehouse heating was installed, which lowered the heating operating temperature.
- Water saving: tap flow restrictors, 'Hippo the Water Saver' in cisterns and a urinal water regulator. The BEP also identified a major leak in the water supply, costing £1,000 per annum and investigated the possibility of rainwater harvesting.

**Recycling:** EAE now recycle paper, pallets, shrink-wrap, cardboard and other waste.

the BEP have helped a number of organisations to make their events an environmental success.

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- Fuel efficiency: EAE hopes to install a bio-diesel fuel tank to supply all fleet vehicles, reducing carbon emissions and saving £2,500 per annum on fuel bills.
- Site biodiversity action plan: A biodiversity landscape gardener has been brought on board, plus activities such as native species planting, management of the grass verges, tree planting, bird and bat box manufacture and creating a log habitat for insects.
- Wind turbine: Most significantly, EAE also embarked on the installation of a 15 metre wind turbine, generating 6kw of electricity or 50% of EAE's electrical needs. The turbine will reduce the company's carbon output by 6-8 tonnes per annum, with estimated financial savings of £1,500 per annum. With help from the BEP, EAE was awarded £13,000 of grant for this project.

Bennett said: "It's a natural step in our increasingly green evolution and a very visible commitment to reducing our carbon footprint. Also, we are now being asked for details of our sustainability credentials by clients going for a Green Tourism award. It is becoming increasingly important to choose a 'green' supplier and this helps our competitive advantage."